

# *Elite Cheerleading Inc.*

## *2010-2011 Divisions*

### **General Division and Guideline Information**

- Elite Cheerleading Inc. reserves the right to add, change, delete or combine divisions for any reason.
- Mascots may perform with their team; however they will not be counted as a member of the team when determining squad size and may not be involved in any choreographed stunts, tosses, pyramids or tumbling.
- Crossovers are allowed at all Elite Cheerleading Inc. events and we make every attempt to enable athletes to compete on multiple teams, however, we cannot guarantee separation between performance times, practice times, or award ceremonies.
- International All Star Teams may enter any division as long as they abide by the restrictions of that division.

### **All Star Cheer and Dance Teams**

All Star Teams are formed for competition purposes. The age of the athletes as of August 31, 2010 will be the age used for competition purposes for all divisions. Elite Cheerleading Inc. will abide by the United States All Star Federation rules and regulations.

### **Combining and Splitting All Star Cheer Divisions**

In accordance with the USASF:

- For previously designated “Small” and “Large” divisions based on total team size, Elite Cheerleading Inc. will combine “Small” and “Large” teams into one division when there are not at least 2 teams registered for each of these respective divisions. (Exception: Divisions will not be combined if a gym has both a “Small” and a “Large” team competing in the same category, so as to avoid having a gym compete against itself.
- For divisions that have not previously been designated “Small” and “Large” based on total team size, Elite Cheerleading Inc. will split the division into “Small” and “Large” divisions when there are at least 3 teams that will ultimately be registered in each respective division. The number of 5-20 (“Small”) and 21-36 (“Large”) will be used as an initial guideline to split divisions.
- Elite Cheerleading Inc. may further split divisions according to overall team size should total number of teams and the variance of number of performers on each team warrant this. Elite Cheerleading Inc. may not split “Small” and “Large” divisions further if there are less than 15 teams in the division. We may only further subdivide if there are 15 or more teams in the division. Should divisions be split to anything besides 5-20 (“Small”) and (“Large”), Elite Cheerleading Inc. must use a name such as “Division 1”, “Division 2”, or “Division A”, “Division B” to denote the split and must clearly define the number of competitors permitted on the team for each of these particular divisions. No division may be subdivided further from the “Small” (5-20) and “Large” (21-36) classification if it means that only two teams will be left in a division.
- For Co-ed divisions that have not been previously designated “Limited” and “Unlimited” based on total number of males on the team, Elite Cheerleading Inc. may split the division into “Limited” and “Unlimited” when there are at least 2 teams that will ultimately be registered in each respective division. This excludes the “Junior” level. The number of 1-4 Males (“Limited”) and 5+ Males (“Unlimited”) will be used as the initial guideline to split these divisions. A “Semi-Limited” (5-12 Males) designation may

be used if there are at least 2 teams for this division as well. A Co-ed division may be further split into “Small” (5-20 members) and “Large” (21-36 members) when there are at least 2 teams that will ultimately be registered in each respective division.

- Junior Co-Ed at all levels will be combined with their similar All-Girl divisions (Small Junior, Large Junior) if there are not at least two or more team in the Junior Co-Ed divisions for that level. The co-ed team will be placed with its’ equivalent “Small” or “Large” team if applicable.
- Senior Open Level 5 and Senior Level 5 will not be combined due to the difference in skills allowed at each respective division. Please reference USASF rules for skill restrictions.
- Elite Cheerleading Inc. will split these divisions into Small Senior Open and Large Senior and/or Senior Open and Senior Co-Ed Open when there are at least 2 teams that will ultimately be registered in each respective division.

### **Individual/Group Stunt/ Partner Stunt Competition**

- The age, level and female/male restrictions designated according to USASF must remain in place for “Group Stunt”, “Partner Stunt” and “Individual” competitions (i.e. no Mini Stunt Group may perform at Level 5).

### **School and Recreation Team Guidelines**

- School and Recreation Teams must perform together for a regular season at an educational institution or recreation league. Members must be enrolled in a traditional first or secondary school or officially sanctioned home school program. School or Recreation Teams may choose to compete in an All Star Division.
- School Participants must be limited to bona-fide students of the school who are designated as members of the school’s team(s). A bona-fide student is one who is eligible to participate with and/or compete for a designated school according to the rule’s of that state’s school association and/or the local board of education. Students who finish classes or graduate mid-school year are eligible until the conclusion of the school year.
- Recreation Participants may not reach the age of 19 before May 31, 2010
- All school and or recreation teams with 2 or more males will be divided into a co-ed division provided that there are at least 2 teams in the division. Exception: Any co-ed teams with 4 or more males will be labeled co-ed regardless of the number of teams to compete against.
- Apparel should be conducive to safe practices and performances. Jewelry of any kind, including earrings (nose, tongue and belly button rings), bracelets, necklaces, rings, etc. should not be worn.
- Hair needs to be fashioned so that it is out of the face and does not cause a potential hazard while stunting.
- Supports, braces, etc., which are hard and unyielding or have rough edges or surfaces must be appropriately covered. A participant wearing a cast (excluding a properly covered air cast) shall not be involved in any stunts, pyramids, tosses, or tumbling.
- Athletes must have at least one foot, hand, or body part (other than hair) on the performing surface when the routine begins.
- **Mascots:** Mascots are welcome to perform with their teams, but they are not permitted to support any partner stunts, tosses, or pyramids.
- **Note:** All School dance teams will follow guidelines of USASF dance.

## **Order of Performance/ Penalties**

- Teams, Stunt Groups, and Individuals will compete in reverse order of the dates we receive your registration. Registrations received on the same date will be ordered by random selection on that day.

### **Penalties**

- Obvious Bobbles/Mistakes: **2 POINT DEDUCTION (per infraction)**
  - ◆ Obvious errors during technical skills (examples: hand(s) down on tumbling; obvious missed skills; shaky stunts/pyramids, incomplete twisting cradles; memory mistakes involving obvious execution of incorrect moves; etc.)
- Major Infractions/Major Falls **10 POINT DEDUCTION (per infraction)**
  - ◆ Inadequate spotting
  - ◆ Major falls during technical skills or other obvious severe mistakes. (examples: multiple falls in a single sequence/series by a single couple; pyramids that fall or that are severely missed)
- Out of Division (Level) Skills **20 POINT DEDUCTION**
  - ◆ Illegal pyramid, stunt dismount, drop or gymnastic skill performed out of division
- Time Limit Violation/Inappropriate Music/Choreography **5 POINT DEDUCTION (per infraction)**
  - ◆ Timing of routine - 4 or more seconds over
  - ◆ Routines must be appropriate for family viewing and listening. Examples: inappropriate moves or gestures, positioning to one another. Examples: removing improper language and replacing with sound effects still constitutes as inappropriate.
- Boundary Violations **5 POINT DEDUCTION (per infraction)**
  - ◆ Anytime you are supporting another person or being supported by another person and leave the performance area.
  - ◆ You cannot begin or end a tumbling skill outside the performance area.
  - ◆ (Exception: dance teams do not have boundary violations)

**\*Note: There will be no spotters provided by Elite Cheerleading Inc.**